

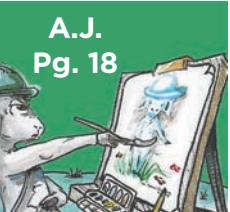
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• SPECIAL CANNABIS ISSUE •

# THE PTERO VIEW



OCTOBER 2017

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FREE

## Proposed Medical Cannabis Nursery in Dogpatch Blocked

BY JESSICA ZIMMER

Last summer, Dogpatch Neighborhood Association (DNA) member, Constans Channon, and Friends of Potrero Hill (FOPH), an organization located at 1060a Tennessee Street, formally requested that the City's Board of Appeals (BoA) halt development of a proposed medical cannabis nursery, to be sited at 1025 Tennessee Street, currently a one story, 9,550 square foot warehouse. As a result of their intervention, the Department of Building Inspection (DBI) suspended a permit application, filed by Potrero Nuevo Ventures, LLC (PNV), to modify the industrial space. BoA will hold a hearing on November 8 to consider the matter.

According to Jared Doumani, DNA treasurer, following Channon's and FOPH's entreaties, PNV representative Robert Watson attended a DNA meeting to discuss concerns that nursery operations would trigger unpleasant noise and smells. "A number of the neighbors really felt that the facility was a bad idea for a number of reasons," said Doumani. "There's one particular grow house in the neighborhood, at 1405 Indiana Street, that has a very strong odor...members expressed concerns about safety too. The property is near two preschools, La Scuola and Friends of Potrero Hill Nursery School." The

facility would also be located within 1,000 feet of a private elementary school, AltSchool Dogpatch.

Doumani said that PNV has been receptive to addressing DNA members' concerns, but that it'd be challenging to ensure the operation would effectively control its sounds and scents. "It came down to, were we going to be able to regulate odor and noise. In July 2017, it became clear that we were not going to be able to enforce [any standards]. The City is working on regulations for cannabis cultivation facilities, but doesn't have them in place yet. So then we said, without controls, we're not in favor of this. We have to oppose this," said Doumani.

According to Doumani, Channon's BoA submission emerged from conversations among DNA members about the proposed nursery. Channon and FOPH are represented by San Francisco-based attorney, Charmaine Yu, of Coblenz Patch Duffy & Bass LLP. Yu is a Dogpatch resident and former DNA member.

According to Cynthia Goldstein, BoA executive director, Channon and FOPH's requests identified the proposed nursery's proximity to two preschools as a key issue. The submissions also raised concerns about the grow house's potential to engender unpleasant smells, loud noise, and increased truck traffic. And the appellants are

unhappy that the property's owner, the Pine Family Revocable Trust, based in Hillsborough, California, had evicted seven long-term production, distribution and repair (PDR) businesses to accommodate the proposed change in use.

The Department of Planning considers the nursery to be an agricultural, rather than PDR, business. Since 1025 Tennessee Street is located in an urban mixed-use zone, agrarian use of the property is allowed.

Last March, Pine Family Revocable Trust evicted Victorian Replicas, an importer of Victorian replica furniture, A. Henry Woodworking, a woodworking company, Superplush Suspension, a motorcycle suspension tuner, Park View Construction, a general contractor, Barker & Holman, a general contrac-

NURSERY continues on page 17

## Marijuana Use Risky for Young People

BY BRETT YATES

As the public perception of marijuana's risks softens, a primary question complicating the drug's newly destigmatized status is its effect on young people, especially in terms of brain development.

Marijuana accounts for 90 percent of illicit drug use among American teenagers, according to the 2017 book *Is Marijuana Harmful?*, written by Bradley Steffens for the educational publisher ReferencePoint Press. In 2015, more than one-third of twelfth-graders in the United States used cannabis at least once, a rate two and

YOUNG PEOPLE continues on page 20

## San Francisco International High School Settles into De Haro Street Campus

BY JACOB BOURNE

Following six years of tight quarters at its former York Street facility, San Francisco International

High School began the 2017-2018 school year at the spacious Enola Maxwell Campus, 655 De Haro Street. With about 400 students, at York Street the school was challenged by a lack of classroom and programming spaces compared to other San Francisco Unified School District high schools that inhabit larger buildings. The Enola Maxwell campus had sat mostly vacant for the past year, after International Studies Academy relocated to John O'Connell High School in the Outer Mission. Now, Enola Maxwell campus is shared by

SFIHS, New School of San Francisco – which serves about 130 kindergarten through 12th grade students – and a handful of SFUSD information technology staff.

"The building being empty for a while was a contentious hot ground in terms of neighbors wondering what would happen with the space," commented Julie Kessler, SFIHS principal. "I think the neighborhood was really invested. On the first day of school several neighborhood communities came and had coffee, pastries and balloons for our parents. It's been really lovely to see the way the neighborhood has been welcoming to the new school. We know it's been a big change for them as well, since the building had been empty for so long."

SFIHS is unique among SFUSD schools in that its student body consists of immigrant youth who've been in the country for four years or less and failed the California English Language Development Test. The school's curriculum is based on the Newcomer Pathway program, which integrates



A rendering of the 2230 Third Street project by D-Scheme Studio. Story on page 5.

IMAGE Courtesy of D-Scheme Studio

SFIHS continues on page 7

# SHORT CUTS

## New Future

Kansas Street resident **Keith Goldstein** predicts that **Anchor Brewery's** new owner, **Sapporo**, will develop the facility into condominiums by 2030. And rumor has it that the now Sapporo employees were asked to sign new job agreements with language stating that they can be fired at any time, for any reason...**Potrero Democratic Club** president **Tony Kelly** filed for his third run for the District 10 seat on the **San Francisco Board of Supervisors** last month. He's already raised more than \$10,000 in campaign contributions.

## New Deal

**Victor Arnautoff**, who was an early contributor to the Potrero Hill Artists' Exhibition, held at the Branch Library, and whose son, **Vasily Arnautoff** was a *View* contributor, is the focus of a retrospective at **San Francisco State University's** J. Paul Leonard Library Special Collections Gallery. Arnautoff, a Russian-born social realist who landed in the City after fleeing the revolution in his home country, emerged as an influential public works painter during the New Deal. The SF State exhibit, "Victor Arnautoff and the Politics of Art," includes block prints from the San Francisco General Strike in 1934, and smaller reproductions of his mural of George Washington as a slave owner, installed at Washington High School in 1936. The gallery is open 1 to 5 p.m. weekdays.

## New Eats

**DonFeva** opened at the end of summer at 1760 Cesar Chavez Street, between Mississippi and Missouri streets, offering *donburi*; Japanese-style rice bowls. Dishes include beef or chicken teriyaki, *unadon* – grilled eel fillet – and *oyakodon* – diced chicken, egg, and onions – served over rice, with miso soup and salad. Sides like *gyoza*, *wakame* salad, edamame and *tonkotsu* are available a la carte. With a takeout and delivery format, don't expect to dine in; pickup or order online; free delivery for orders more than \$30. The eatery is open Monday through Thursday, 11 a.m. to 11 p.m.,

Friday and Saturday, 11 to 2 a.m., and Sunday 5 to 11 p.m.

## New Crimes

Potrero Hill resident **Yu-Ann Wang** was robbed of her canvas tote at gunpoint last month near the long-vacant lot – formally home to a garden supply store that was chased out by high rents – next to **Bottom of the Hill**...And on Carolina and 19th streets, a 61-year-old man was seated in his parked car when a robber approached his open window and pointed a gun at him. The victim was ordered to give up his property under the threat of death. He handed over his wallet and cellphone. The thief walked off, and was seen getting into a white Lexus, which drove from the scene.

## Endings

**Carlos Aviles**, who worked at **Aperto Restaurant** for 16 years, passed away on August 25 at the age of 44. He'd been diagnosed with cancer just a month earlier. A statement on Aperto's website remembered Aviles as "a wonderful human being who always had a smile on his face, and had a deep, caring soul." When Aperto closed last spring, Aviles transferred to Christen Shepherd's, owner of Aperto, sister restaurant, Bellanico, in Oakland. Shepherd is raising funds for Aviles' 16-year old son; <https://www.youcaring.com/carlosavilessixteenyearoldson-913658>.

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## PUBLISHER'S VIEW

## Statues

BY STEVEN J. MOSS

Woman, steely-eyed: "We're getting rid of it."

Man, looking surprised, then angry: "What're you talking about? That statue stays. Anyways, let's talk about I later."

Woman: "Either it goes or I do." The couple glare at one another.

**Scene two:** A tidy home in Cleveland. A Christian woman and Jewish man are sitting in a living room densely decorated with curios and art objects.

Man: "What's that one?"

Woman: "It's called a "Camel's teat." My mother brought it home from West Africa after she did missionary work there."

Man: "No, not that. The bust thingy." He rises, walks to the metal figure of a head wearing a military cap, and picks it up. "Heavy bastard," lifting the piece up and down in one hand and bringing it to his face. "The insignia on the hat looks kind of Nazi-ish. There's an eagle, and a skull..."

Woman: "Oh, yeah. That's Grandpa Herman. My mom's father. He was in the SS..."

Man, his face turning white: "What? Your grandfather was a Nazi? In the *Schutzstaffel*, the SS! They ran the camps..."

Woman, looking concerned: "Yes, he was. I don't think he ran any camps, though. I'm not sure what he did. My mother said he was an officer. I never met him, he died before I was born..."

Man, places the bust back on the shelf as if it was too hot to handle, his back turned: "You didn't think it was important to tell me that your grandfather was a Nazi? I'm Jewish, for God's sake!"

Woman, gets up and hugs the man from behind: "Honey, I, I just, I don't know. I mean, I'm not a Nazi."

Man, shrugs off her embrace and turns to face her: "Did you marry me because I was Jewish? Some kind of Nazi atonement thing?"

Woman: "No of course, not." She grabs the bust. "And I'm throwing this away..."

Man: "Wait. Don't. Tossing it

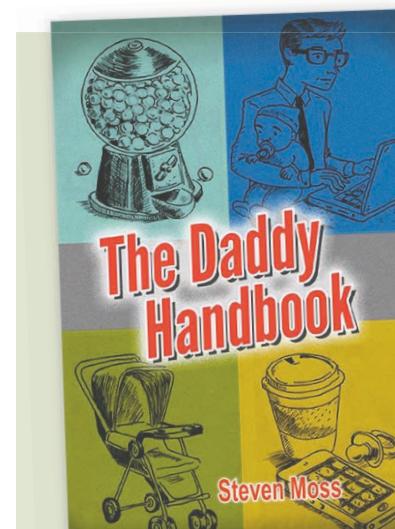
**PUBLISHER'S VIEW** continues on page 17

## The Daddy Handbook

by Steven Moss

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# Questions and Hopes Abound in Medical Marijuana Community

BY BRETT YATES

In 1996, California voters passed Proposition 215 to "ensure that seriously ill Californians have the right to obtain and use marijuana for medical purposes where that medical use is deemed appropriate and has been recommended by a physician who has determined that the person's health would benefit from the use of marijuana in the treatment of cancer, anorexia, AIDS, chronic pain, spasticity, glaucoma, arthritis, migraine, or any other illness for which marijuana provides relief," according to the text of the law.

The proposition's success was an indicator of a growing consensus against efforts to demonize the drug that began in the *Reefer Madness* era, when Harry J. Anslinger, the commissioner of the Federal Bureau of Narcotics, announced in 1937 that he could scarcely speculate "how many murders, suicides, robberies, criminal assaults, holdups, burglaries, and deeds of maniacal insanity it causes each year." Eighty years later, with medical marijuana now legalized in 29 states, the precise nature of the drug's health effects and the bounds of its medicinal benefits are still largely unknown.

Especially ambiguous are questions as to whether cannabis has the capacity to cure diseases or merely alleviate symptoms, and whether it possesses any preventive properties or other all-purpose health benefits for users who aren't ill. A dearth of scientific research, owing to federal restrictions, has allowed for both unbridled optimism and offhand dismissals.

Dr. Hanya Barth – founder of Compassionate Health Solutions, a group of cannabis clinics scattered across Northern California – works out of a South-of-Market office, where she provides counseling and dispenses medical marijuana cards. Barth identified pain, insomnia, and post-traumatic stress disorder as three conditions to which the application of marijuana is especially well-suited, but she's hesitant to delimit her practice. She treats "everything," working with her patients to figure out cannabis regimens that serve their specific needs and agree with the particularities of their constitutions. "There's a lot of variations," she said, noting that treatment plans are "individualized" according to her patients' "age, according to their condition, according to their previous use."

Asked whether she believes marijuana has curative capacities, Barth answered, "That's a great question, and we're hoping that somebody will start funding research so that we can answer that definitively." Yet in the absence of a resolution, anecdotal evidence of its salubrious potential attracts increasing numbers of users. Barth is aware of marijuana enthusiasts who "juice with it, who take the leaves from the plant and put it in the juicer along with greens and other vegetables," as part of a diet rich in vitamins, nutrients,

and antioxidants, without any clear-cut intention to treat a distinct illness. She could neither affirm nor deny the validity of such a practice. "I can tell you that many, many people find [cannabis] very helpful for many, many things," she said.

In 2014, Eloise Theisen, a nurse practitioner in Contra Costa County, formed Green Health Consultants, a team of cannabinoid therapists whose expertise is advising senior citizens on their forays into medical marijuana. According to Theisen, the average age of her patients is 76; 85 percent of them are women; 75 percent have never previously used marijuana.

"I would say that the industry standard for a dose is 10 milligrams," said Theisen. "In some cases, I may start a new patient at one milligram. In addition to starting with a low dose, I also educate patients about how to select quality cannabis medicine. It is essential that the products are tested for potency, pesticides, and mycotoxins."

Theisen believes wholeheartedly in marijuana's ability to ease the suffering of people afflicted by anxiety, depression, appetite loss, and inflammation, among other conditions, and declared that, in her career in medicine, cannabis "has been one of the most effective tools I have ever had," but she doesn't tout it as a miracle drug. "Animal studies have shown that cannabinoids can have curative properties. Unfortunately, the lack of human trials makes it hard to decipher which cannabinoid and dose will provide the best chance at curing a disease," she explained, emphasizing instead marijuana's "huge role in palliative care" and in improving "quality of life."

Even so, Theisen isn't bereft of larger hopes, and she alluded to the pioneering research of neurologist Ethan Russo, M.D. "Humans are born with an endocannabinoid system. The ECS is a group of neuromodulatory lipids and their receptors, responsible for regulating mood, appetite, pain-sensation, and memory. Russo theorizes that many disease states" – including cancer and diabetes – "[can] arise from a clinical endocannabinoid deficiency. Consuming cannabis can help to restore our ECS back to balance," she summarized.

The most optimistic view of cannabis's health effects may come in the form of the book *Marijuana: Gateway to Health*, published in 2011 by San Francisco marijuana advocate Clint Werner. Werner's unabashedly partisan tract compiles a detailed history of international cannabis research – limited as it may thus far be – to make a case for marijuana's power to fight cancer and Alzheimer's disease.

According to Werner, the "first real evidence of anti-carcinogenic properties appeared back in 1975" with the publication in the *Journal of the National Cancer Institute* of "Anticancer Activity of Cannabinoids" by researchers at

MEDICAL continues on page 6



Editor,

Steven Moss really missed the boat on his trip to the land of my ancestors ("Publisher's View: Fringe," September). First, Edinburgh is a beautiful city. The blackened spires of the ancient towers are vestiges of a coal burning past, and make it feel haunted and unique. I visited a few years ago and had an amazing time. The people were so courteous and friendly, helpful and yes, quirky. There was music and singing in the streets outside of many of the pubs. We drove around the country and visited such iconic places as Inverness, Iona, Kilmartin Glen, and the north. Each area filled with green hills, gigantic sheep, and cairns upwards of 15 feet tall. The question 'how did they do it?' is still unanswered. Moss needs to go again, with an open heart and mind.

Marcy Fraser

## Diversity of Delivery Systems Emerge as Marijuana Legalized

BY BRETT YATES

As cannabis proceeds along its slow, state-by-state, journey toward legalization, it brings with it a new industry that looks increasingly like the craft beer business. For the first time, Americans, at least in some parts of the country, can exercise consumer choice when it comes to their marijuana. A multitude of small enterprises have emerged to capture demographics previously put off by the social taint and practical complications of its unlawful procurement, releasing products branded to match active, health-conscious, and luxury-oriented lifestyles.

Today's marijuana industry promises a quality of experience suited to connoisseurship. In the same way that American beer drinkers have learned the difference between ales and lagers, weed smokers can determine whether they prefer *sativa* or *indica*, the primary species of cannabis plant. Equally important is the delivery system. While

rolling a joint with the dried flowers of the cannabis plant remains a popular way to consume pot, smokers and non-smokers alike have an increasing range of consumption options. California's medical dispensaries, which'll open to the general public next year, usually carry a wide assortment of cannabis products.

Cannabis food was introduced into popular culture with the publication of *The Alice B. Toklas Cookbook* in 1954, but the homemade brownies of yesteryear have lately been replaced by the weed-infused concoctions of professional pastry chefs. The City's Madame Munchie purveys medical macarons that're as perfect as the colorful meringue cookies baked in Paris. Flour Child sources organic Northern California ingredients to make healthful granola and seasonal fruit jams, in addition to mixing marijuana-based "topical remedies" for skin conditions like eczema and psoriasis. The cookies

DELIVERY continues on page 8

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- Susan H., August 2017



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REAL ESTATE

# City Under Pressure to Develop Recreational Adult Cannabis Regulations

BY JACOB BOURNE

California Proposition 64, which legalized, and imposed taxes on, adult recreational marijuana consumption, was approved by 57 percent of state voters last November. However, under an ordinance passed by the San Francisco Board of Supervisors last month, the City won't issue permits to sell recreational marijuana until it establishes a regulatory framework.

In 2015 the Board of Supervisors established the Cannabis State Legalization Task Force, to advise municipal departments on issues that may need to be addressed once pot is legal. The Task Force is co-chaired by Jennifer Garcia, a union representative for the dispensary 648 Cannabis Division, and Terrance Alan, a longtime cannabis activist. Roughly 20 other stakeholders are a part of the group, including Kevin Reed, owner of The Green Cross dispensary at 4218 Mission Street.

In 2016, the Task Force issued a series of recommendations, including establishing licensing categories for commercial activities, such as baking, consumption venues and special events. It suggested that workforce development, entrepreneurship opportunities and youth education could be funded by local fees and taxes that're in addition to state requirements. Over the past two years, the Task Force has held more than 20 public meetings, including one last month and another scheduled for October 18 at 25 Van Ness Avenue, and will soon publish further advice.

With recreational marijuana use legalized under state law, and the Task Force scheduled to dissolve last August, the Board of Supervisors convened over the summer to discuss how best to regulate the emerging industry. District 8 Supervisor Jeff Sheehy and District 10 Supervisor Malia Cohen co-sponsored legislation to establish an Office of Cannabis and extend the Task Force's term.

"This ordinance puts San Francisco on the road to meeting the will of the voters as expressed by Proposition 64, which effective January 1, permits the adult use of cannabis," stated Sheehy. "In San Francisco more than 74 percent of our voters supported adult cannabis.

Although we have consensus on the adult use of cannabis, the devil's in the details. That is why consistent and well considered regulation is needed to carry out the will of the voters in a way that is consistent with your City's values."

Sheehy believes development of a local regulatory framework for cannabis is critical, in part due to his concerns about the drug's potential impact on the City's youth, who will not be able to legally purchase recreational marijuana products, but who might end up viewing items designed to look like candy in convenience stores. Recreational marijuana use will be legal only for those aged 21 and older.

District 1 Supervisor Sandra Lee Fewer emphasized that the coming multi-billion-dollar industry should be regulated in a way that promotes economic equity among groups that haven't profited from the region's wealth-producing technology boom. According to Fewer, fairness should extend to those who were criminalized during the many decades when

marijuana was illegal, enabling them to economically benefit from the sector.

The Office of Cannabis, which was approved unanimously by the Board last month, has been charged with conducting an analysis of the industry's economic inequities, and to identify ways to make emerging economic opportunities accessible to historically marginalized demographics. "The War on Drugs has disproportionately impacted African-American and Latino people, so special attention should be paid to records expungement and economic equity," stated Mayor Ed Lee.

"Nicole Elliot was recently appointed the director of the Office of Cannabis and she'll be working with the state, as they're establishing regulations as well," said Jack Gallagher, policy aide, Office of the City Administrator. "The Board of Supervisors is working to establish an entire regulatory framework for recreational cannabis. It's a multi-agency effort that includes the Planning Department and other City departments, and covers everything from permits, fees and

registration for individuals and businesses. The City has just created the Office of Cannabis. The Board will be approving policies around recreational cannabis, which should happen soon since it's crunch time."

Similar issues are anticipated with marijuana as are associated with legal adult recreational alcohol and tobacco products. These include illegal sales to minors, secondhand smoke and the operation of vehicles and machines under the influence of the substance.

According to Megan Filly, San Francisco Superior Court deputy press secretary, the court is unaware of any cases related to persons being under the influence of marijuana. The San Francisco Police Department was contacted for information regarding changes in operations and procedures in preparation for adult legalization. A representative declined to comment, referring inquiries to the Office of Cannabis and Task Force.

According to the California At-

**REGULATIONS** continues on page 22

## Schools Say They're Prepared for Marijuana Legalization

BY JACOB BOURNE

According to the California Department of Public Health, cannabis use among adolescents can have adverse consequences on memory and learning, and is believed to lower intelligence and school performance. Likewise, California's Blue Ribbon Commission on Marijuana Policy's Youth Education and Prevention Working Group stated in a 2015 report that, "Regular or excessive cannabis use among youth can be associated with reduced educational attainment."

To curb youth access to marijuana, the Blue Ribbon Commission recommended strict enforcement of age restrictions, regulation of the number, type and location of retail outlets, limiting the sale of marijuana edibles in the form of candy, and restrictions on advertising and marketing. The

Commission identified price controls as a potential tool for preventing youth access, as young people tend to lack sufficient disposable income to regularly purchase expensive products.

The Cannabis State Legalization Task Force, established by a 2015 San Francisco ordinance, issued a report last year similarly detailing ways to restrict youth access to marijuana once it's legalized. Some Task Force recommendations would require state actions, such as directing revenue from cannabis taxes to fund youth education programs, as well as substance use prevention and treatment. The Task Force highlighted risks associated with marijuana in edible form, such as inadvertent consumption by young children, and suggested reinforced packaging of such products.

Given that marijuana, along with

alcohol, has been regularly consumed for decades, Federica Lentini, early childhood director at La Scuola, a preschool to eighth grade school with campuses on 20th Street and Fell Street, doesn't anticipate much will change for students after legalization. "Dogpatch is a really unique neighborhood, and when we moved here in 2008 there were a lot more people smoking on the streets, but now the neighborhood is changing and there are more families moving in, so I don't think it will become more of a problem," Lentini commented.

According to Lentini, La Scuola isn't opposed to marijuana legalization, but wants to ensure that children are safe. She cited the proximity of the 22 Muni bus stop near the 20th Street

**SCHOOLS** continues on page 9

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# Redevelopment Plans for Third Street Property Significantly Altered

BY JACOB BOURNE

The property at 2230 Third Street, once home to Leo's Tire & Brake, may be redeveloped into a life science and medical use building. The 8,000-square foot parcel is located within the Central Waterfront area of the *Eastern Neighborhoods Plan*, adopted in 2008. According to Planning Department records, it's designated as an Urban Mixed Use (UMU) District, which is "intended to promote a vibrant mix of uses while maintaining the characteristics of this formerly industrially-zoned area. It is also intended to serve as a buffer between residential districts and PDR districts in the Eastern Neighborhoods."

UMU designation allows for uses such as production, distribution and repair, retail, education, and nighttime entertainment. It permits housing, but affordable housing requirements are greater than the Planning Code's standard obligations, and encourages the creation of units that are sizable enough to accommodate families, such as two- and three-bedrooms.

The property is owned by 2230 Third Street, LLC, which is working with architectural firm, D-Scheme Studio, to develop the site for a project

that'd consist of a seven-story building reaching 68 feet in height, delivering 49,977 square feet of space, with ground floor retail and life science and medical uses on floors two through seven. Although not explicitly stated, plan details suggest that the life science and medical areas would be occupied by multiple tenants.

The existing 5,600 square foot auto shop, built in 1946, would be demolished to make way for a 1,168-square foot lobby and 14 parking spaces equipped with a mechanical lift. An additional American Disability Act-compliant surface parking spot and bike spaces would be incorporated. The plans show open space consisting of a landscaped and furnished roof deck, as well as seventh-floor balcony. Fifteen percent of the roof would be made available for solar panels.

Current proposals are a dramatic shift from plans submitted to the City in 2013 by the same development team, which outlined a 40-unit housing project with 31 parking spaces and two ground floor "flex" units geared for home-based business. The residences would've been a mix of one-, two- and three-bedroom units.

*THIRD STREET* continues on page 9

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## MEDICAL from page 3

Virginia Commonwealth University who "described how the growth of a certain type of lung cancer was inhibited by the oral administration of three naturally-occurring cannabinoids." Unfortunately, their "findings were inconvenient for the new 'War on Drugs' that President Richard Nixon had launched with great enthusiasm just five years earlier. Shortly after the study was published, Congress established the National Institute on Drug Abuse (NIDA) to serve as a gatekeeper for all research into illegal drugs and substances, and gave it a strict mandate to research only the harm posed by such compounds."

For this reason, much of the research suggesting marijuana's potential benefits was conceived with the intention of identifying its detriments, including the 2006 NIDA-funded lung cancer study by pulmonologist Donald Tashkin at the University of California, Los Angeles. Per Werner, Tashkin finally "had to admit that his team had 'failed to find any positive association between marijuana use [and cancer], even heavy marijuana use. If anything, the risks were a little bit less.'" The data even seemed to show "that marijuana had a 'protective effect,' preventing or reducing the risk of tumors." Six months later, a Harvard University study observed "that when mice with lung cancer were given THC their tumors were reduced by half and the spread of the disease was slowed."

Werner posits that THC – the common name for tetrahydrocannabinol,

marijuana's primary psychoactive ingredient – "also works against other cancers by acting as a powerful anti-viral agent, inhibiting the spread of at least one type of cancer-causing virus. Scientists at the University of South Florida found that THC 'specifically targets the viral and/or cellular mechanisms required for replication' and prevents the replication of certain kinds of herpes viruses," such as the gamma herpes virus, which is implicated in the development of Hodgkin's lymphoma and nasopharyngeal carcinoma.

In Werner's view, "cannabinoids seem to work against cancer through a number of different mechanisms, including killing mutated cells, slowing their growth, or preventing them from spreading or growing new blood vessels." He's equally convinced that cannabis can help fend off Alzheimer's disease by destroying the deposits of amyloid beta (AB) that disrupt the neural pathways of Alzheimer's victims and lead to dementia. He noted that, in 2006 doctors at La Jolla's Scripps Research Institute announced, "Compared to currently approved drugs prescribed for the treatment of Alzheimer's disease, THC is a considerably superior inhibitor of AB aggregation."

For Werner, marijuana is "very good for you; like blueberries or broccoli." He asserted that, according to a study by Dr. Xia Zhang at the University of Saskatoon, chronic marijuana use can "actually improve learning and memory" by "promoting the growth of neurons in the hippocampus."

*MEDICAL continues on page 19*

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A MONTHLY UPDATE  
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VOLUME 85 • OCT 2017

REBUILD  
POTRERO

## Economic Opportunity

BRIDGE Housing conducted a household survey in 2016 to inform the relocation planning process and services provision for Potrero Terrace and Annex (PTA) residents. Over the next year, we will share the findings including comparisons from the 2012 survey showing the progress that has been made in the lives of PTA families. The focus of this article is Employment.



PTA residents remain economically isolated from San Franciscans in the broader Potrero Hill neighborhood and the City. In 2014-2015, PTA residents had average annual earnings of \$16,557 – well below the neighborhood and City averages – \$152,431 and \$125,474, respectively – and below both the federal poverty level of \$23,850 and self-sufficiency standard of \$63,979. On the bright side, this represents an 18% increase in income since the last survey, when it was approximately \$14,000.

Another positive trend is the rise in the employment rate. In 2012, 30% of PTA residents were employed. That figure is now 42%, a 40% increase. This is news to celebrate!

There is still much work to do, and our redevelopment efforts seek to ensure residents can be economically secure. This includes connecting residents to higher education and training programs and access to good jobs – i.e., jobs that pay a living wage, have benefits and opportunities for upward mobility.

<sup>1</sup> 2014 American Community Survey (U.S. Census Bureau).

<sup>2</sup> 2014 Self-sufficiency standard in San Francisco County for 2-adult household with 2 school-aged children, Insight Center for Community Economic Development.

For more information: website: [rebuildpotrero.com](http://rebuildpotrero.com), e-mail [potrero@bridgehousing.com](mailto:potrero@bridgehousing.com)

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As the rebuilding of the Potrero Annex-Terrace housing complex continues to unfold, current residents have a number of concerns, related to which of the new units they'll be assigned, when and where they'll be relocated during construction, what'll happen to people not on a lease, the process for having repairs made, and community safety, among other issues. At last month's Rebuild Potrero meeting, held at the Potrero Hill Recreation Center, BRIDGE Housing's Thu Banh introduced the Potrero Hill Housing Stabilization team, which includes staff of the Shanti Project, Bay Area Legal Aid, and Community Awareness Resources Entity, which will work to address Annex-Terrace residents' needs. In the photograph, from left to right: Alyssa Nickell, Shanti; Donald Greene, CARE; Jason Luu, Irina Naduhovskaya, both of BayLegal; Chermael Burch, Shanti.

PHOTO: Peter Linenthal

lation or staff this year as it determines how to effectively use available space. A security guard and custodian were hired this school year; a librarian may also be added.

SFIHS teachers now have dedicated classrooms in which to teach, rather than having to travel to different rooms, as they did at York Street. Since quarters no longer need to be shared, each is outfitted for a specific use, such as science laboratory, art studio, gymnasium, wrestling area, library and auditorium. A more spacious Wellness Center allows for confidential areas for students to receive health services.

According to Kessler, on the first day of school students were awed at their campus' learning amenities. Every 55 minutes, when the bell would ring, prompting students to switch classrooms, she'd hear delighted exclamations as a new group discovered the auditorium. Kessler foresees that the hall will be used primarily for musical performances and student assemblies, but that theatrical recitals could be incorporated as well.

"The biggest programmatic shift is that we've doubled the amount of internships," Kessler explained. "So, for the last six years all of our seniors do a one semester internship out in the community. This year we're moving that back a year to start in the eleventh grade, so twice as many of our students will be doing an internship. It's been a really nice way to reach out to the community because it means we need twice as many internship placements."

The internships are unpaid and occur in a variety of settings, such as

the Public Defender's Office, barber shops, technology companies, and SFUSD's information technology department. Some SFIHS seniors are also enrolled in City College classes in the afternoons. The school administration views incorporation of City College courses as integral to helping students transition from high school to college, and as a motivating force to earn their diplomas. Kessler explained that the school received SFUSD Career Technical Education funding – designed to promote opportunities for career exploration and professional development for high school students – to expand both the internship and City College programs. In April, the *View* reported that because about 30 percent of SFIHS students are in the U.S. unaccompanied by a parent, they work full-time jobs to pay for rent and living expenses.

SFIHS staff reported that students seemed happy to be back to school in the new facility. Many of the youth spend their summers working, and don't have access to enrichment programs, such as camps. The school environment provides a safe place to learn with peers. However, the poignant anxiety that lingered towards the end of last school year, triggered by anti-immigrant discourse in national politics, is even more palpable this fall.

"I wish I could say that things felt better but they certainly don't," said Kessler. "The anti-immigrant rhetoric, racist speech and thought nationwide has become much more visible. If it's visible to us then it's visible to our kids. I would say that the anxiety is absolutely still there, if not continuing to increase."

## SFIHS from front page

English language skills acquisition with academic subjects. Although other SFUSD institutions offer Newcomer Pathway programs, SFIHS exclusively serves youth who are recent immigrants in need of additional English language instruction.

SFIHS moved to the new campus in June, following months of maintenance work on the building and grounds, including related to plumbing, cleaning and electrical. During the period when Maxwell was underutilized a homeless encampment formed on the campus; the residents were asked to relocate prior to students' arrival.

According to Kessler, the transfer required significant exertion, but went smoothly. Her biggest concern was that students would forget about the change

and arrive at the former location. While all scholars arrived at the right time and place for the first day of school, Kessler anticipates that they'll experience tougher commutes.

"A handful of kids went from taking two or three buses to four buses," she said. "So, it is a longer and more difficult commute for them. If they don't take the fourth bus it will be a very hilly 20-minute walk instead. As Muni is the bus service for District schools, there's talk about possibly reaching out to them to request more Route 19 buses."

SFIHS inhabits Enola Maxwell's second and third levels; the New School resides on the first floor. According to Kessler, the decision to locate New School on the campus wasn't made until late-summer. As a result of the shared quarters, SFIHS likely won't significantly expand its student popu-



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**DELIVERY** from page 3

produced by Moonman's Mistress, \$22 for a box of five, have cornered the market on San Francisco's gluten-free and vegan marijuana enthusiasts.

Marijuana also comes in beverage form. Sprig, a canned, citrus-flavored soda made with cannabis oil, but "with no 'earthy' taste," bills itself as "a social and fun experience," meant for the beach and hiking adventures. Earlier this year, Ritual Coffee, a chain of roasteries and cafes with five locations in the City, teamed with Oakland-based company Somatik to produce an artisanal cold brew for pot lovers, sold for \$12 per bottle.

Unlike Toklas's "haschich fudge" – whose recipe called for an unmeasured "bunch of *canibus sativa*," pulverized and mixed with spices – California's

"medibles" are, by law, labeled to indicate their tetrahydrocannabinol, or THC, content. Still, they're known to cause occasional trouble for novices, who may have a hard time determining the right amount for themselves. Unlike smoked marijuana, edibles aren't immediately absorbed by the body. Two hours may pass without any perceptible effects, but once they set in they can last for eight hours, which may make for a scary experience for new users. San Francisco food writer, Stephanie Hua, who makes medical marshmallows under the brand name Mellows, plays it safe. Each of her confections contains only five milligrams of THC, about half of what doctors consider a "standard dose."

In Dogpatch, at Dutchman's Flat Medical Cannabis Dispensary, according to owner Robert Watson,

only 30 percent of his sales come from "flowers." His customers are increasingly interested in "microdosing," a technique favored by marijuana users who want to relax a bit rather than get truly high, and in CBD products. CBD is short for cannabidiol, a chemical compound found in cannabis. Unlike fellow cannabinoid THC, CBD is non-psychoactive, meaning it can't get you high, but it's thought to have a multitude of therapeutic applications and is used for pain, anxiety, nausea, and even epilepsy.

CBD products usually include some quantity of THC to achieve what's known as the "entourage effect," as marijuana's chemical compounds are thought to work more powerfully in concert than they do on their own, but in many cases the THC content is so low as to make the products non-intoxicating. For instance, Sonoma County's Care By Design sells vape cartridges, tinctures – which're delivered as sublingual drops or sprays – and soft gels whose CBD-to-THC ratios go as high as 18:1.

Watson said that Dutchman's Flat's two bestselling items are Kiva Terra Bites, a line of chocolate-covered blueberries containing five milligrams of THC per serving; and the Harmonic line of marijuana vape cartridges by Level Blends, which have a 1:2 CBD:THC ratio. Vaporizers present an alternative to smoking; they heat marijuana at a lower temperature, avoiding combustion, which produces carcinogens and irritates the lungs. An inexpensive vape pen costs less than \$50.

Still, smoking hasn't gone out of fashion, and the reputation of bongs, in particular, has only risen. Harkening to the artistic side of marijuana culture, a well-designed bong is regarded not only as a functional smoke filtration device but also a conversation piece, or, arguably, a sculpture. Last year, Vice ran a piece about a \$300,000 bong on display at New York Fashion Week.

San Franciscan Liam Kaczmar is an artist, filmmaker, and designer who produces "ceramic stonerware" for the "aesthetic connoisseur." According to

Kaczmar, he started his small business, Summerland, when he was "living on Haight Street and running a small clothing brand. At this same time, I started using cannabis more regularly, and was on the hunt for a bong of my own, but was seeking something that was sleek and minimally designed, reminiscent of Japanese ceramics. My efforts to find anything like that on the market were fruitless, so I decided to start making them myself."

He explained that there's "a lot to be said about using a piece that is designed with form parallel to function. These pieces look beautiful on your coffee table, and after a few good rips, when the euphoria is just starting to set in, the piece feels amazing in your hands and you can't help but keep holding it and getting lost in the experience." Kaczmar also values a "cleaner smoke" and remarked on the "harmful chemicals that you are exposing yourself to when you heat up metal" bongs, which "contain a lot of unknown fillers." Summerland bongs cost about \$200 each.

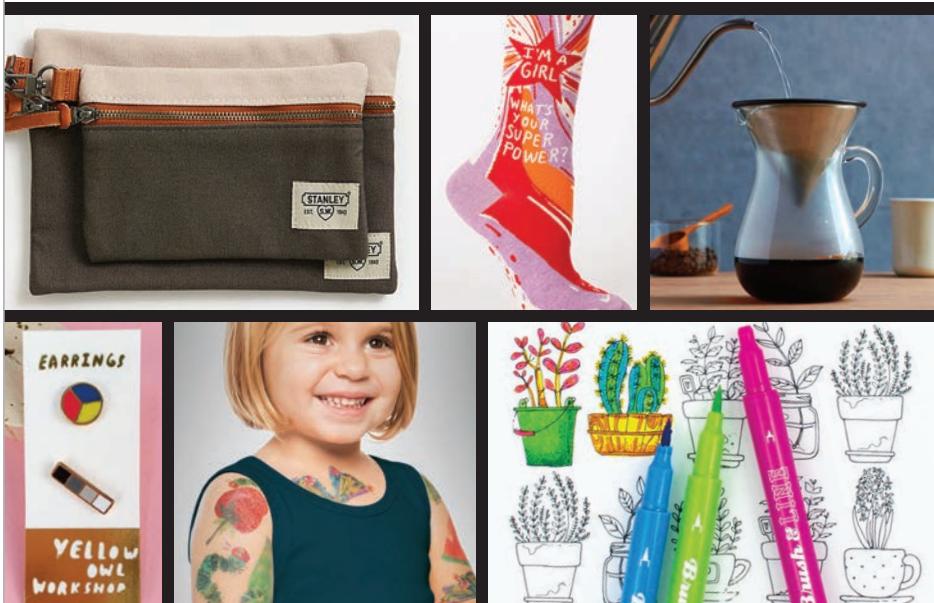
Dustin Revere, a glassblower in Berkeley, was introduced to marijuana paraphernalia while growing up with a backstage pass to the Grateful Dead in the early 1990s, when his best friend's mom worked for the band. Initially self-taught, he subsequently learned classical glassblowing in Murano, Italy, and figured out how to "transfer the information" to the making of bongs. Asked to explain the difference between smoking through a mass-produced plastic bong and an artisanal glass one, he used a metaphor. "If you enjoy driving cars, for example, you could buy a 1983 broken-down Civic," or you could "buy a really nice BMW or a Bugatti or a Bentley or whatever." Either way, you'd "still get from Point A to Point B, but the experience would be a lot better" in a luxury car. Revere Glass pieces can cost a few thousand dollars.

A newer iteration of the standard

**DELIVERY** continues on page 9



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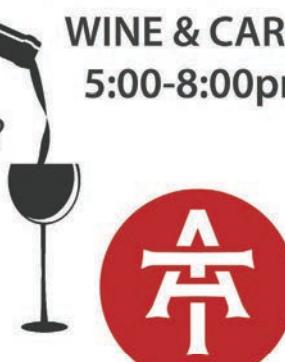


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**DELIVERY** from page 8

bong is a device called an "oil rig," which is constructed to enable a practice called "dabbing." In his book *How to Smoke Pot (Properly)*, published last year by Penguin Random House, David Bienenstock, the former West Coast editor of *High Times*, explained. "The fastest-growing trend in cannabis culture right now is most definitely *dabbing*, which involves vaporizing high-potency cannabis concentrate produced by a chemical solvent to extract cannabinoids and terpenes" – aromatic compounds – "from raw cannabis." In dabbing, a "viscous goo" called "honey oil" – also known as BHO, a descendent of hashish, the compressed cannabis resin that has existed for "thousands of years" in places like Morocco, Nepal, and India, and remains more popular in Europe than marijuana flowers – is smeared onto a "glowing-hot titanium nail" and then inhaled through a bong. Dab enthusiasts stand in stark contrast to the culture of "microdosing" described by Watson.

Bienenstock has "seen literal legends of cannabis temporarily reduced to mental rubble by too much BHO taken in too quickly." He noted that BHO production is "extremely dangerous." As "someone heavily invested in seeing cannabis culture flourish, I just don't think blowtorches and 90 percent THC is our best foot forward into the larger world," he observed. But for those determined to try puffing from an oil rig, he recommends for inexperienced users "a dab about half the size of a grain of rice, consumed while well hydrated and fully seated."

**SCHOOLS** from page 4

campus as an ongoing issue. She said that during hot weather, when it's desirable to keep school building windows open for ventilation, the school instead often has to keep them shut to prevent air pollution from smokers waiting for the bus.

Nate Lundy, dean of student life at Live Oak School on Mariposa Street, hopes that the City will invest heavily in education aimed at school-aged kids to dispel rumors, both positive and negative, about marijuana, and to equip young people with the knowledge to make good decisions. "I would love to see education directed at young

people so that they understand that this is still a drug, just like cigarettes are a drug, and that just because it's legal doesn't mean that it's something that they should do," Lundy said.

Lundy explained that because Live Oak already has a robust chemical dependency prevention program, they're not changing the curriculum in advance of adult legalization. He said the school offers media literacy classes that address how students can avoid getting desensitized to the way drugs are portrayed in the media and to fully understand the psychological impact that these representations can have. The program includes a parental education segment, so that parents are equipped to have conversations about drugs at home.

"Our middle schoolers are really well informed about these issues, and for us as a school it's about helping our kids understand the realities so they know how to respond to situations when they're outside of school, like if they see someone using drugs in Jackson Park or if they see heroin needles on the ground. We help teach them to be aware of their surroundings."

San Francisco Unified School District schools also have curriculum in place to address youth exposure to marijuana and other drugs. "Project Towards No Drug Abuse" teaches high school students about the potential academic, social and emotional risks of drug use, and explains how marijuana can adversely impact developing brains. Health education classes are offered to provide students with the foundation to make good choices about drugs and alcohol. For middle school grades, teachers use a "Second Step" curriculum to teach students to avoid the pitfalls of substance abuse, bullying, cyber bullying and peer pressure. Wellness Centers at many SFUSD high schools offer drug use counseling, and train students to become peer educators around substance abuse issues.

"SFUSD has been educating students about drugs, alcohol and addiction for decades," Gentle Blythe, school district chief communications officer, wrote in a statement. "Other than clarifying what they say about the legality of marijuana for adults, our teachers will continue to provide students with standards-based health education curriculum to address tobacco and other drugs, including marijuana."

According to a 16-year old who

attends an independent high school in San Francisco, little is said about drug use at her school other than to not engage in it on campus. "I think more should be done," she said. "Most teenagers I know don't talk to their parents about drugs or sex. And most of the parties, at Ocean Beach or homes, revolve around heavy weed smoking and alcohol use, with everybody on top of one another. And forget about Dolores Park, which always has a fog of weed smell hanging over it, and people looking to sell it. It's hard to find a good place to hang and meet people without being surrounded and pressured by marijuana smokers and drinkers."

Proposition 64, the California Marijuana Legalization Initiative, has provisions that seek to minimize youth access and exposure to marijuana. For example, cannabis businesses can't be located within 600 feet of schools, day care centers and youth centers that're in existence at the time of licensing; local authorities can establish a different radius. Individuals are prohibited from consuming marijuana on school grounds when children are present or smoking within 1,000 feet of campuses when children are present, except on private property. In addition to label-

ling and packaging restrictions on edible cannabis products to protect children, individual edible servings may not exceed 10 milligrams of Tetrahydrocannabinol, the active ingredient in cannabis products.

**THIRD STREET** from page 5

This past spring, Marc Dimalanta, D-Scheme Studio architect, submitted the revised proposals to the Planning Department. Dimalanta told the *View* that he wasn't authorized by 2230 Third Street, LLC to discuss the project; the property owner couldn't be reached for comment.

A March Planning Department letter requested that the sponsor present revised plans based on its comments, including submittal of a Large Project Authorization application, which applies to schemes that exceed a certain size within Eastern Neighborhoods Mixed Use Districts. Planning staff also asked for additional information related to design and historic preservation standards and public art provisions. The letter stated, "The Department supports the project's current

**THIRD STREET** continues on page 17

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# COMMUNITY | OCTOBER



## 1 Food: World Veg Festival

The San Francisco Veg Society hosts the 18th annual World Veg Festival, featuring speakers, cooking demonstrations, exhibitors, entertainers and food vendors. SFVS is a nonprofit and all-volunteer run organization whose mission is to promote a plant-based lifestyle for healthy, ethical and sustainable living. 10 a.m. to 6 p.m. \$10 regular admission; \$5 students and seniors. San Francisco County Fair Building, Golden Gate Park. For more information: <http://www.worldvegfestival.com>

## 3 Art: Free Admission Day, Museum of Craft and Design

The museum showcases furniture, kinetic sculptures, and jewelry. 11 a.m. to 6 p.m. Free. 2569 Third Street. For more information: <https://sfmcd.org/visit>

## 10/3 through 10/9

**Military: Fleet Week San Francisco**  
Began in 1981 to honor the United States Armed Forces and educate civilians and military personnel about best practices in humanitarian assistance, Fleet Week is held annually in San Francisco on the first or second weekend in October. U.S. Navy Blue Angels will perform Friday, Saturday, and Sunday from 3 to 4 p.m. For more information: <https://fleetweeksf.org/events>

## 10/5 through 10/14

**Literature: 2017 Litquake Festival**  
In its 18th year, Litquake celebrates the written word with diverse literary programming, interactive workshops, and a nine-day festival. For schedule, ticket and venue information: <http://bit.ly/2yjfGnq>

## 5 Music: Bum Wagler & The Tune Wranglers

Live music by Bum Wagler & The Tune Wranglers, who play original tunes in the Honky Tonk country vein. 7:30 to 9 p.m. Farley's, 1315 18th Street.

## 10/6 through 10/8

**Music: Hardly Strictly Bluegrass**  
The 17th annual Hardly Strictly Bluegrass festival is one of the country's largest music celebrations, attracting roughly 750,000 attendees to a three-day extravaganza featuring more than 90 artists on seven stages. Free. Hellman Hollow, Golden Gate Park, John F. Kennedy Drive and

Traverse Drive. For more information and schedule: <http://bit.ly/2xio4VO>

## 10/12 through 10/22

### Theater: *South of Market: The Musical*

After a sold-out run in 2016, *South of Market: The Musical* returns to San Francisco this fall with version 2.0 of a musical revue that pokes fun at the year's trends, issues and absurdities within the Bay Area's tech culture. \$40 to \$120. For tickets and more information: <https://www.somamusical.com>

## 10/12 through 11/5

### Theater: *The Obligation*

A Jewish-American comedian, an Auschwitz survivor, a half-Jewish German soldier, and an SS General explore the dark history of their/our world in the theatrical premiere of *The Obligation*, a one-person show written by and starring Roger Grunwald, under the direction of Nancy Carlin. Through drama and humor, *The Obligation* explores little-known aspects of The Holocaust and the post-war survivor experience and asks: Who decides what culture, race and ethnicity mean? What's identity? Why do we demonize "the other"? \$26 to \$51. Potrero Stage, 1695 18th Street. For more information and to purchase tickets online: <http://bit.ly/2v04UFG>

## 14 Community: Dogpatch/Potrero Hill Street Tree Planting Saturday

The Green Benefit District partners with Friends of the Urban Forest (FUF) to plant 160 trees. FUF will handle permits and site preparation, and bring the trees at no cost to property owners. As a result of Proposition E passage last year, the City maintains all street trees. To request a tree or learn how to opt out of planting in front of your building: [GreenBenefit.org](http://GreenBenefit.org).

## 10/14 - 10/15

### Art: San Francisco Open Studios

Open Studios, the country's oldest and largest open studios program, is an annual, month-long, art event held in October and November that showcases more than 800 emerging and established San Francisco artists. The event connects collectors with artists for a glimpse into the life of the working artist. Free. For studio maps and schedules: <http://bit.ly/1KyhIBC>

## 16

### Food: Christopher Kimball's Milk Street

Christopher Kimball's Milk Street, the first cookbook connected to Milk Street's public television show, offers more than 125 recipes arranged by type of dish, including grains, salads, a new way to scramble eggs, simple dinners and twenty-first-century desserts. 12 p.m. Book Passage San Francisco, 1 Ferry Building. For more information: <http://bit.ly/2yw7d17>

## 18

### Music: Daniel Berkman

Potrero Hill resident Daniel Berkman is a composer, multi-instrumentalist and innovator of the kora, a 21-stringed harp/lute from West Africa. 7:30 to 9 p.m. Farley's, 1315 18th Street.

## 10/19 through 10/21

### Dance: *Point of Dissolve*

*Point of Dissolve* is a collection of studies by Claudia Hubiak that address society's perspective that working harder equates with self-worth, asking the question, "How hard do we need to work to be enough?" 8 p.m. \$18 to \$35. For tickets and more information: <http://bit.ly/2yeuxPY>

## 10/19 through 10/22

### Film: San Francisco Dance Film Festival

In its eighth year, this annual festival features more than 80 dance films from the Bay Area and around the world, offered at four venues. Along with screenings, it includes

opening and closing receptions, post-screening questions and answers with filmmakers, brief live performances, and special presentations. For the first time this year, SFDFF will present an exhibition of VR 360 films, where participants in headsets can virtually step inside the dances of Paul Taylor, relive the history of Cuban dance, and more. To purchase tickets: <http://bit.ly/2xxfEv6>. For schedule and more information: <http://www.sfdancefilmfest.org>

## 21

### Community: Potrero Hill Festival

The Potrero Hill Festival returns with a day of fun, food, music, and community activities. The main stage will feature local swing band, "The Klippstones," and "the Rubber Souls," a Beatle's Tribute Band. New this year will be an animal show by Fur, Scales and Tails, featuring 15 live animals, which festival goers can experience up close and even pet. Returning is the kid's zone, with rides, bounce houses, street train, talent show, wrecking ball and more. The Potrero Hill Festival supports the Potrero Hill Neighborhood House's programs. 11 a.m. to 4 p.m. 20th Street between Wisconsin and Missouri streets. Free. For more information: [www.potreroｆestival.com](http://potreroｆestival.com)

## 22

### Health: Junior Diabetes Research Foundation San Francisco Walk

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Research Foundation (JDRF) walks across the country, the money raised will support JDRF, the leading global organization funding Type 1 diabetes research. Join a committed community that's passionate about doing whatever it takes to help JDRF turn "Type One into Type None." Length of walk is three miles. Check in: 9:30 a.m.; walk starts at 11 a.m. Great Meadow at Fort Mason, Bay and Laguna streets. For more information: <http://bit.ly/2vQrDmm> or contact Kevin O'Scanlon, [koscanlon@jdrf.org](mailto:koscanlon@jdrf.org) or 415.597.6311.

**25 Books: \$1 Book Sale**  
Hosted by the San Francisco Public Library (SFPL), the "Wednesday Steps Sales" is located at the Main Library's Larkin Street entrance. All books and media are just \$1 or less each; proceeds benefit SFPL. This is the final sale of the year. 11 a.m. to 3 p.m. San Francisco Main Library, 100 Larkin Street. For more information: <http://bit.ly/2foBx9w>

**27 Halloween: Scaregrove Family-Friendly Halloween Event**  
Contests, haunted houses, hay rides, carnival rides, giant inflatables, food for sale, and live entertainment. \$8 per person; children under two years old free. 3 to 9 p.m. Stern Grove, 19th Avenue and Sloat. For more information: [sfrecpark.org](http://sfrecpark.org).

**10/27 through 10/29 Halloween: LoveBoat Halloween at Pier 70**  
2017 marks the 10-year anniversary celebration of San Francisco's Ghost Ship Halloween. LoveBoat Halloween will feature original art installations schemed and built from scratch from recyclable materials. It's the final year

at Pier 70; to celebrate the decade, producers Fatboy Slim and Moby (DJ Set) headline the event. Tickets from \$75. 420 22nd Street. For more information: <http://bit.ly/2xB20av>

**28 Halloween: Farley's 28th Annual Pet Parade**  
Parade starts at 1 p.m. at the corner of 18th and Arkansas streets, marches up 18th Street. Costume judging at 18th and Texas.

**10/28 through 10/29 Art: San Francisco Open Studios**  
Weekend three features studios in Dogpatch, Potrero Hill, Bayview, Bernal Heights, Outer Mission, and beyond. Free. For studio maps and schedules: <http://bit.ly/1KyhlBC>

**11/4 Health: Bay Area Food Allergy Walk 2017**

The FARE (Food Allergy Research and Education) Food Allergy "Heroes Walk" recognizes the courage and determination of food allergy families. Through fundraising and walks across the country, thousands of families come together to unite behind their commitment to FARE's mission, and raise funds for research, education, advocacy, and awareness. Check-in and activities: 9 a.m. Walk starts: 10 a.m. Leo Ryan Park, 650 Shell Boulevard, Foster City. To register a team, and for more information: <http://bit.ly/2wJWvXv>



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Muralist Victor Reyes' work graces the side of Cresco's warehouse on Indiana and 19th Streets, at the site of Dogpatch Arts Plaza. PHOTO: Colby Condon

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# A Day in Dogpatch, Potrero Hill and Environs

BY BRETT YATES

Last summer, the fast-casual mini-chain **The Grove** opened an outlet in a 3,600-square-foot, ground-floor, space at Equity Residential's 241-unit apartment complex, located at One Henry Adams, on Showplace Square traffic circle's southeast side. The cafe joins a small fleet of popular locations in Hayes Valley, Yerba Buena, and Pacific Heights.



**The Grove**

mistake for a reviewer to linger too long over the food anyway. This isn't to say that the food isn't good, but the eatery's real function is to be hospitable. Serving continuously from 8 a.m. to 9:30 p.m., 10 p.m. on Friday and Saturday, it has something for everyone – including beer, wine, coffee, and an all-day breakfast – and plenty of room to stretch out, with a huge, heated patio outside and an indoor fireplace with comfortable seating amid eclectic decor. It's not just a restaurant. It's a fairly persuasive and inviting hangout.

In Dogpatch, one of the more deeply off-the-beaten-path attractions, and therefore one I knew I had to check out as soon as I learned of its existence, is the factory tour at the **McRoskey Mattress Company**, 1400 Minnesota Street. McRoskey opened for business in San Francisco in 1899. A hundred years later, it moved its manufacturing operations from its three-story building on Market Street, now a showroom, to a 32,000-square-foot warehouse between 25th and 26th streets. Anyone with an interest in Dogpatch's still vibrant manufacturing community, or simply in the making of a top-notch American product, can schedule a tour of the facility: 415.874.7521; [factorytours@mroskey.com](mailto:factorytours@mroskey.com).



**McRoskey Mattress Company**

Producing about 40 made-to-order mattresses a week, McRoskey is neither a tiny atelier nor an industrial behemoth. It's a middle-sized business with 27 employees, including 18 union factory workers, and a proud commitment to its tradition of quality. For instance, while most mattresses today are single-sided so as to reduce manufacturing costs and hasten obsolescence, McRoskey's are tufted on both sides and can be flipped and rotated for even wear.

My tour was led by Robin Azevedo, the company's owner, granddaughter of one of its founders. She took me from the sewing and cutting room to the factory floor, where the innerspring coils are shaped, baked in a massive oven at 450 degrees for 25 minutes, and strung together before they're wrapped in endless layers of combed cotton and recyclable polyester, or wool and natural latex, depending on which product the customer has selected. Some of the machinery is brand-new; others date from the 1940s. I'd never before spent a moment of my life considering what goes into mattresses, but now, captivated, I absorbed terms like "airlet" and "hog ring." McRoskey's mattresses cost between \$1,000 and \$5,000. My own cushion is a cheap



**Dutchman's Flat Medical Cannabis Dispensary**

piece of junk, but the tour gave me something to think about, in case I become a grownup someday.

For the *View*'s marijuana issue, it occurred to me that I might want to pay a thematically appropriate visit to **Dutchman's Flat Medical Cannabis Dispensary**, 2544 Third Street, but I quickly realized that, without a marijuana prescription, I wouldn't be able to get in. From opening to closing, the store has a guard posted at the entrance, checking medical identifications. Fortunately, I was able to get in touch with the owner, Robert Watson, a nice guy who's passionate about cannabis. He let me onto the premises before opening to take a look.

Watson isn't only a retailer but a grower, determined to learn as much about the plant's complexities as he can, and to produce organic, sun-grown marijuana with minimal – or, someday, positive, he hopes – environmental impact. He loves sharing his knowledge, and told me that, by harvest time this month, Dutchman Flat's menu of "flowers" – \$9 to \$20 per gram; the stuff most of us think of when we contemplate pot – will come entirely from his Sonoma County farm.

Owing to my inexperience, I wasn't sure whether Dutchman's Flat would feel like a pharmacy, liquor store, or something else entirely. In fact, on the inside



**Mission Creek Signs**

recreational sales become legal, the only thing that'll change will be that the bouncer will be checking identification for age rather than medical cards.

I was recently strolling along Mission Creek's south shore, a pleasant walk in and of itself, just above Channel Street, when I stumbled upon **Mission Creek Signs**, a project undertaken by second-graders at the San Francisco Friends School South-of-Market, with the goal of educating passersby about local wildlife and the perils they face on account of littering and pollution. I'd wager that the signs have been around for a long time. I just didn't notice them till now; maybe you haven't seen them either.

The signs are brightly illustrated, admirably informative, and sturdily installed, which may have required some help from teachers or parents. Did you know that sculpins, green crabs, red-tailed hawks, and nudibranchs all live in or around Mission Creek? I wasn't familiar with what a nudibranch was until one of the signs told me. Apparently, it's a "delicately colored" type of sea slug that can grow up to 16 inches long and live as long as one year. The "bizarre outgrowths" on its body are called "cerata."

The fanciest meal I've had in recent memory was at **Khai**, 655 Townsend Street, a reservations-only Vietnamese restaurant that opened at the end of 2016, serving a 10-course tasting menu for \$95. The chef, Khai Duong, previously helmed Ana Mandara, which lasted 12 years in Ghirardelli Square until a rent hike ended operations. Now, Duong is cutting costs and putting the savings back into the cuisine. When Khai opened it shared space with the independently run Bonjour Patisserie in a configuration reminiscent of restaurant-nightclub combinations, with the bakery opening at 7 a.m. and closing at 3 p.m., leaving a two-and-a-half-hour window for Duong



**Khai**

to transform the space into a fine-dining establishment before the first seating.

Bonjour Patisserie has since closed permanently, but the interior at 655 Townsend still has a distinctly makeshift quality, with a long black curtain closing off a considerable portion of the small space, leaving diners to occupy a row of tables that line the two narrow, perpendicular corridors alongside the central square of mystery, which I think functions as an extension of what must be a tiny kitchen in back. When I visited, the chef's affable, tie-wearing, son, who looked to be about 12, was manning the *maitre d'* stand. At times during the meal

## GETTING INVOLVED



**Potrero Dogpatch Merchant's Association** meets the second Tuesday of each month at 10 a.m. at Goat Hill Pizza, corner of Connecticut and 18th streets. Website: [www.potrerdogpatch.com](http://www.potrerdogpatch.com). Call 415.341.8949. Next meeting: October 10th.

**Starr King Open Space** meets for monthly Stewardship Day the second Saturday of each month from 9:30 a.m. to 12:30 p.m. at Starr King Open Space, corner of Carolina St. and 23rd St. Come out and meet your neighbors, be a community steward, enjoy the natural grassland habitat, see spectacular views, and celebrate our beautiful neighborhood open space. Everyone is welcome. Find out more at [www.starrkingopenspace.org](http://www.starrkingopenspace.org) or [facebook.com/StarrKingOpenSpace](https://facebook.com/StarrKingOpenSpace).

**SOMA Rotary Club** meets the second and fourth Thursday of the month at Mission Rock Resort, 817 Terry Francois Blvd. We meet at 6 p.m. for a mixer and 7 p.m. for a dinner meeting. We provide community service to the Mission Bay, Potrero, and Bayview communities. The focus is on providing services for the under-served of our community. The website is located at: [www.meetup.com/Mission-Bay-Rotary-Club](http://www.meetup.com/Mission-Bay-Rotary-Club). For more information contact Nine at: [n.ladow@comcast.net](mailto:n.ladow@comcast.net).

**Potrero Hill Garden Club** usually meets the last Sunday of the month at 11 a.m. for a potluck in a local home or garden. We occasionally visit gardens such as Ruth Bancroft, Yerba Buena, Cornerstone, Filoli, and the rooftop garden at the Fairmont. We discuss gardening appropriate for Potrero Hill's microclimates, and often have speakers on subjects such as drought, wind, shade, pests, and even flower arranging. For details, please contact us at [Gardener@PotreroHillGardenClub.org](mailto:Gardener@PotreroHillGardenClub.org).

**Dogpatch & Northwest Potrero Hill Green Benefit District** General Board Meeting October 18. Working together to green-up, clean-up and beautify public spaces in Dogpatch and NW Potrero Hill. Free. 6:30 to 8 p.m. Tivoli Room @ UCSF, 654 Minnesota Street. <http://www.greenbenefit.org>

For a \$120 annual fee your organization can be listed in Getting Involved. Contact advertising@potreroview.net

## Is your pet ready?

**28th Annual Pet Parade & Costume Contest:**  
Saturday, Oct. 28th, 1pm!

Join us for a neighborhood tradition as pets of all shapes and sizes parade up 18th street, followed by prizes and live music.



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## POTRERO HILL REAL ESTATE

### Recycle those Halloween Costumes!



The **BAYVIEW MISSION**, located at 1547 Jerrold Avenue in the Bayview District, began as a small daycare center 26 years ago. It has since become an invaluable community resource offering a food program through the SF Food Bank, child care programs, summer camp, a library, and much more. A safe haven for children, the Bayview Mission needs your donations of new or used Halloween costumes and dance wear for all ages.

**Please open your hearts and your costume boxes!**

Call me today at (415) 336-0754 for free pick-up of your items, or stop by my table at the Potrero Hill Festival on Oct. 21<sup>st</sup>.

**LET'S MAKE HALLOWEEN FUN FOR ALL KIDS THIS YEAR!**



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House being moved in at 19th & Vermont, 1949.  
Photo Courtesy of the Potrero Hill Archives Project

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# What's Happening with Real Estate on Potrero Hill?



Low interest rates and powerful demand have continued to keep the Potrero Hill market strong. Many homes have attracted multiple offers after short periods on the market.

If you have been thinking of selling your home, now may be an excellent time to take advantage of strong demand from buyers.

## Sales Prices for All Potrero Hill Homes Sold in 2017\*

1745 20th St .....	\$3,000,000	444 Kansas St .....	\$1,900,000	617 Rhode Island St.....	\$1,959,999
2024-2026 22nd St.....	\$2,400,000	763 Kansas St .....	\$2,860,682	830 Rhode Island St.....	\$1,475,000
1925 23rd St.....	\$1,450,000	1029 Kansas St .....	\$1,450,000	1185 Rhode Island St.....	\$1,528,000
420 Arkansas St .....	\$1,725,000	1325 Kansas St .....	\$1,300,000	1366 Rhode Island St.....	\$1,550,000
828 Arkansas St .....	\$1,150,000	249 Mississippi .....	\$1,300,000	1 Southern Heights Ave ....	\$2,080,000
898 Carolina St.....	\$1,999,725	649 Mississippi St.....	\$1,375,000	212 Texas St.....	\$1,362,500
1015 Carolina St.....	\$2,150,000	407 Missouri St .....	\$2,580,000	862 Wisconsin St .....	\$1,925,000
407 Connecticut St .....	\$3,200,000	600 Pennsylvania Ave .....	\$1,525,000		
508 Connecticut St .....	\$1,875,000	579 Rhode Island St.....	\$1,712,500		

The average sales price for a home on Potrero Hill this year has been \$1,873,336. If you'd like a free report on the value of your home, call Tim Johnson at 415-710-9000.



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\*Sales information as of September 20, 2017

**NURSERY** from front page

tor, A. Shine, a shoeshine business, and Persnickety Painters, a painting company formerly owned by Doumani.

"I ended up shutting down the business," said Doumani. "It was a confluence of events. The location was very convenient for me. I live just up the street. I've been looking for four to six months for space to relocate into."

According to Doumani, the Department of Public Health (DPH) provided a spreadsheet to DNA of proposed medical cannabis dispensary-connected grow houses in the City, which listed the 1025 Tennessee Street facility and existing nurseries at 1405 Tennessee Street, 669 Mississippi Street, 1425 Tennessee Street, and 1233 Connecticut Street. The DPH document doesn't specify the dispensaries to which the nurseries are attached.

Channon and FOPH are required to submit more detailed statements explaining their concerns by October 21 under the BoA hearing schedule. Prior to the complaints, PNV had received the necessary permits to develop the property. DPH approved the nursery last April; the San Francisco Fire Department did so in May, as did DBI. DBI's permit allowed PNV to construct an interior wall.

Prior to its initial approval, DBI received complaints that construction and roofing work was occurring without a permit, exposing adjacent properties to asbestos and lead paint, matters that were resolved by the issuance of a permit and DBI communication to PNV about its lead abatement and dust mitigation responsibilities.

If ultimately approved, the nursery won't include a medical cannabis dispensary, contain any hazardous materials, or process marijuana post-harvest.

Yu, Friends of Potrero Hill Nursery School, DPH, La Scuola International School, Alt School Dogpatch, the Potrero Dogpatch Merchants Association, and Dogpatch Business Association didn't respond to requests from the *View* for comment. Cameron Chernoff, an Upper Haight artist, founder of Mystic Eye Studio, and PNV chief executive officer, similarly didn't respond to inquiries from the *View*.

Although the proposed Tennessee Street project wouldn't serve as a dispensary, it's unknown how a recently adopted municipal moratorium on such facilities might impact the nursery.

**PUBLISHER'S VIEW** from page 2

would be like forgetting the past." Woman: "So what do we do with it?" Man, rubs his chin, then looks up with a slight smile: "Door stop?" Woman, grinning back: "Garbage weight, to keep the lid shut from raccoons?"

Man: "Boat anchor?" Woman, giggles: "We don't have a boat...We could bury him up to his eyes in the compost heap in the backyard..." Man: "Or use him to hold toilet paper; his hat is pretty flat..." The couple make their way to the couch, where they embrace.

**Scene three:** Two gay men in San Francisco's Bayview neighborhood.

Man One, opening the door to a modest-sized room filled with books: "So, this is my library. It's my favorite space in the house!"

Man Two, pointing at a large black and white poster mounted on the sole wall not covered with bookshelves: "Who the heck is that?"

Man One: "Him? That's J. Edgar."

Man Two: "J. Edgar Hoover? The FBI director? That guy was a total homophobe. Why do you have a photograph of him on the wall? Self-hatred, much?"

Man One: "It's a reminder, to myself. Of what I could've become."

Man Two: "One of the most powerfully despicable men in U.S. history?"

Man One: "Maybe. Hoover had a 40-year relationship with Clyde Tolson, and left him everything when he died. At the same time, he relentlessly went after gays as 'deviants.' A loving man, who persecuted men. He must have been quite tortured inside."

Man Two: "Okay, he was a hypocrite, plus a massive asshole. What's that got to do with you?"

Man One: "Well, I was quite the nasty bully in middle school, even into high school. Mostly of the effeminate boys..."

Man Two: "You were a gay teenage gay basher?"

Man One: "Yes, I was. Do you forgive me?"

Man Two, grasping his companion's hand: "Of course."

Man One: "Well, I don't forgive that bastard, Hoover. But I do have compassion for him. And for his victims. I like that he reminds me of, I dunno, the duality of life, and how I conquered the worst part of myself, and let the best part free. Which let me find you."

The two hold hands, and look at the poster.

**Scene four:** Three nannies – Hispanic, African American, and Native American – sit on a low wall in Jackson Park watching their charges play.

Nanny One: "Who is this park named after, anyways? Michael Jackson?"

Nanny Two: "Andrew Jackson. He was a president. He's also on the \$20 bill."

Nanny One: "Was he an especially good president? Or is he from here or something?"

Nanny Three: "My people called him 'Sharp Knife.' He killed everybody – women, children – and took our lands."

Nanny Two: "He owned something like 150 slaves, who worked on his plantation."

The three are quiet, listening to the sound of children playing.

Nanny One: "Is he from here?"

Nanny Two: "No. He never came to California."

The three are quiet again.

Nanny One: "What about McKinley? Who was he?"

Nanny Three: "Another president."

Nanny Two: "At least one who fought against slavery."

Nanny One, gathering her things: "I'll think I'll take the kids to McKinley. It's sunnier there anyways."

Nanny Two: "I'll join you."

Nanny Three: "Me too. Or we could go to Jose Coronado playground. I think he was a film star. Or a baseball player..."

The three call to the children, letting them know that they're leaving.

**THIRD STREET** from page 9

massing and scale, but recommends further consideration of the building's materials, details and fenestration at the primary facade to ensure it is of high quality and compatible with the surrounding Third Street Historic District."

According to Gina Simi, Planning Department communications manager, Dimalanta is preparing a response to staff's feedback on the plans. No community meetings have been held about the project. It's expected to participate in a labor agreement, First Source Hiring Program, that works to connect economically disenfranchised workers with entry levels jobs.

Located on a bustling stretch of Third Street, the property is across the street from Triple Voodoo Brewery, Invention Hub and a number of eateries. It's near La Scuola International School and Esprit Park. The original proposal was one among several in the vicinity that's slated to add thousands of housing units to Dogpatch in the coming years. Two projects bordering the property, at 2290 Third Street and 815 Tennessee Street, are expected to add 140 homes, thereby increasing demand for public transportation.

In 2013, the San Francisco Housing Action Coalition – a member-supported nonprofit that advocates for building well-designed housing with high affordability levels in locations that reduce suburban sprawl – publicly endorsed the originally proposed project for 2230 Third Street. A letter from the organization stated, "Following our review and discussion, our Endorsement Committee believes the project has many merits and will make a substantial contribution to SFHAC's mission of increasing the supply of well designed, well-located housing in San Francisco." The group uses a standard set of guidelines to evaluate projects, and expects that developers will resubmit plans for further assessment if there are significant changes.



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## DAY IN DOGPATCH from page 14

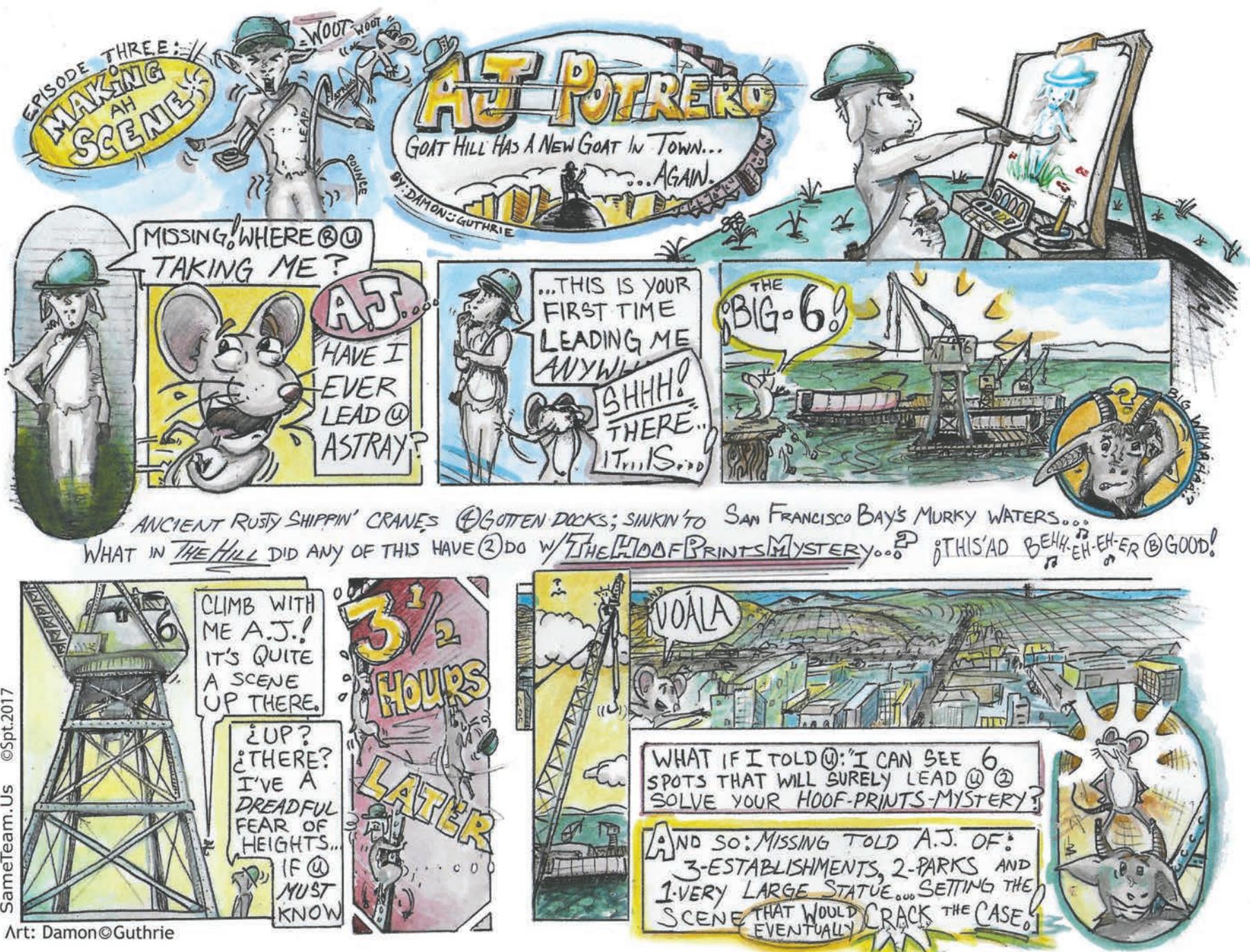
the chef came out to help the wait staff, serving some of the courses himself. It makes for an unusual experience at such a high-end eatery, but it's sort of a relief to know that what you're paying for, truly, is the fragrant, beautiful food, which was delicious and varied in a way that sustained my interest over the course of the nearly three-hour occasion. I left feeling neither overstuffed

nor underfilled but quite precisely fed. I especially liked the salad of texturally striking white seaweed, imported from Vietnam, and the lamb. Alongside Omakase, Okane, Dumpling Time, and Saap Ver Thai, Khai has helped make the Design District into a surprising new hotspot for high-level Asian cuisine in San Francisco.

Tip: if you're assigned the table right by the front door – which opens, without a vestibule or barrier, into the

cold, windy San Francisco night – don't worry about it, seriously. I saw two couples bully the host – who, let us not forget, was a child – into giving them better seats when he initially tried to put them by the door. I wondered later whether they'd realized their mistake. Under normal circumstances, sitting near the door at a restaurant is undesirable because people are constantly coming and going. But Khai only has two seatings a night, at 5:30 and 8:30

p.m. Everyone sits down simultaneously, eats the same ten courses from an ever-changing *prix-fixe* menu, and leaves around the same time. The normal disadvantage of sitting by the door is negated because no one is using it during your meal; it isn't letting any cold air in. In fact, it was a little warm inside the restaurant, if anything.



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**MEDICAL** from page 6

Werner's husband is Dr. Donald Abrams, a renowned oncologist at the University of California, San Francisco, who has successfully battled NIDA to secure permission to examine the effects of marijuana use among HIV/AIDS patients. His 2003 study showed a slight decline in the viral load of patients who smoked pot, contradicting "previous studies suggesting that smoked marijuana suppresses the immune system," as Abrams put it. Abrams, however, is more measured in his enthusiasm for medical marijuana, and has stated, publicly and unequivocally, that there's no evidence that cannabis cures cancer. Werner's account of experiments perpetrated primarily on rodents doesn't demonstrate a human cure. Rather, it points to the imperative for more research in a seemingly promising direction, according to Abrams.

On the other hand, early last year, UCSF's Center for Tobacco Control Research and Education produced "A Public Health Analysis of Two Proposed

Marijuana Legalization Initiatives for the 2016 California Ballot." The report supported marijuana legalization as "an appropriate response to the social inequities and large public costs of the failed War on Drugs," but it contended that the Adult Use of Marijuana Act, which passed last November, was "written primarily to create a new business" and contains only "minimal protections for the public that are unlikely to prevent public health harms caused by the burgeoning marijuana industry."

The paper concluded that the "goal of any marijuana regulatory framework should be to treat marijuana regulation like tobacco regulation, allowing sale and use to be legal, while simultaneously creating an environment where falling numbers of people are interested in buying and using it," citing evidence of marijuana's "health risks, including increased risk for cancer, heart attack, stroke, reproductive toxicity, respiratory impairment, long-lasting detrimental changes in brain function, and increased risk for addiction."



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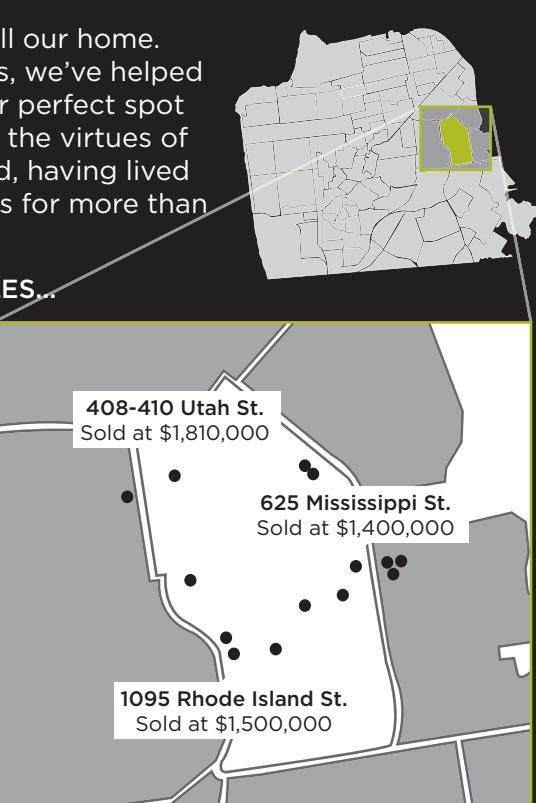
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## OBITUARIES

**David Bonelli****April 30, 1919 - August 26, 2017**

BY MICHAEL IACUESSA

For many, the memory of Dave Bonelli, who passed away on August 26 at the age of 98, is synonymous with a different era on Potrero Hill. For five decades, Bonelli was a fixture at Atchison's Pharmacy on Connecticut Street, during a time when local drug stores were an integral part of community culture.

At Atchison's, youngsters could get ice cream sodas; neighbors would bump into one another. There was a post office inside. Accounts could be opened at the pharmacy counter. Bonelli had a personal relationship with his customers, even delivering prescriptions to them, sometimes traveling as far as Hunters Point.

"It was a magnet for people. The drug store was involved with people, and people were involved with us," said Bernice Wong, who along with her husband, Cliff, purchased the store after Bonelli retired in 1988.

The pharmacy, located where All States Best Foods now is, closed in 1995 but, with Bonelli's passing, memories of it are being revived by those old enough to remember a man who stood just five feet five inches and was quiet by nature but whose intellect and inner strength cast a larger presence. Cliff, who began working at the store in 1963, remembered times they'd close the store to deliver medicine to patients having emergencies. Bonelli's second wife, Cynthia, recalled that a school principal once unsuccessfully asked that he open later, as students were spending all their lunch money at Atchison's. Bonelli's oldest son, also Dave, believed that over the years his father bailed out more than one doctor when he noticed prescribed medications that weren't correct.

Bonelli was born on Wisconsin Street in 1919. His parents – Oscar, an Italian immigrant, and Angelina, a first-generation Italian-American – moved a short time later to Connecticut Street. At age 12, he went to work as a stock clerk at the store, then owned by Robert Galley, and eventually married the boss' daughter, Carol.

After a stint as a navigator in the U.S. Army Air Corps in World War II, he returned to San Francisco and obtained an undergraduate degree at

the University of California, Berkeley and a Masters in Pharmacology from U.C. San Francisco. Although his marriage to Carol didn't last, he continued to work for Galley until he purchased the pharmacy from him in 1966.

His first military assignment nearly resulted in an early obituary. Commissioned to Italy, just before his arrival his squadron lost 80 percent of its planes on a mission. He only missed the operation because the pilot who was supposed to fly him to Italy got sick, stranding him in Morocco that week. He wrote to his family that he didn't think he was going to come back alive. Nonetheless, he managed to complete 50 bombing sorties over Southern and Eastern Europe.

In 1975, he stumbled into an armed robbery after walking into Lucas' Superette – now Dave's Food Store – to get quarters. One of the two culprits was a regular Atchison's customer, and yelled not to fire, but his accomplice knocked Bonelli to the ground and shot him in the face, the bullet passing through his right cheek and settling into his left jaw, where it remained for the rest of his life. He was hospitalized in serious condition for a couple weeks. "Dad being the tough person he was walked back to work and said, 'I think I need a band-aid,'" recalled Dave. Cliff Wong confirmed the story, saying he had to convince Bonelli to accept a ride to the hospital.

The younger Bonelli remembered an outpouring of love and concern from the community. "Person after person of all races and types came in and expressed concern for my Dad," he said. The culprit was eventually caught with assistance from Potrero Annex-Terrace residents. The incidence led to then-Supervisor Diane Feinstein butting heads with the San Francisco Police Department over neighborhood patrols after it was reported that Bonelli himself had been robbed 17 times.

Cynthia recalled Bonelli telling her that once he fired his own gun at a suspect's car and was never robbed again, though Dave doubts his father actually did that. Dave, who is a lawyer and director of the Witkin Legal Institute on California Street, said he often advised his Dad that he couldn't do such things. It also was

**Ted William Nader Rheingold****May 28, 1970 - September 4, 2017**

Long-time Potrero Hill resident, Ted Rheingold, died from kidney cancer on September 4, 2017. He was 47.

Born in New York, a San Francisco resident since 1992, Ted moved to the neighborhood in 2004, and started both his businesses and family on the Hill. He founded his company, Dogster.com, from his dining room. As the company expanded to 20 people he rented office space in the Pioneer Works building on De Haro Street.

Ted advised and invested in a range of internet companies, and helped run a company that makes capital available to people in developing nations.

He devoted his last years to pushing the private sector to focus on social purpose as a fundamental practice.

He lived on the same Hill block for 13 years; neighbors could see him pedaling his bicycle uphill to his door. Taking his daughter, Mabel, and rescue dog, Moxie, to the Potrero Hill Mini Park, on Connecticut Street, was one of his enduring pleasures, along with gardening.

After his cancer diagnosis, Ted told people "There is no bucket list, life is the bucket. Enjoy every day."

He's survived by his wife, Molly Ditmore, Mabel and Moxie.

more in character for him to be the level headed one in the room.

Stories of his generosity are bountiful. The tabs customers would run were often cosmetic. "For a lot of people, it was just an exercise in writing paper, because these people didn't have any money," recalled Cliff Wong. Once, Bonelli accepted a painting as payment from a destitute artist. Another time, he lent \$500 to a distraught pregnant customer. He never expected it to be paid back, but a couple decades later he received a letter from the woman endorsing her work check over to him. "He found it hard to turn anyone away," said Cynthia.

For a while, Bonelli cashed welfare checks at the store, initiated, Wong said, because Bonelli thought fees at check-cashing businesses were too high. "It probably was one reason we got held up so much," Wong said with a chuckle, although he added it also assured Atchison's customers had money in their pockets. Authorities eventually put a stop to it, as Bonelli wasn't licensed to engage in the practice.

Changes in the health care industry, including that advent of computers, proved challenging to Bonelli at the end of his time at Atchison's. It was a cash business until Medicaid emerged in the 1960s. Private insurers followed, creating an abundance of paperwork. Eventually, the rising costs of health care squeezed out local pharmacies. According to Cynthia, Bonelli "was always proud of the fact that he was the last independent-owned pharmacy in that area."

Cynthia, who was married to Bonelli for his final 41 years, first met him as a customer at Atchison's, noting that "he was the most eligible bachelor on Potrero Hill at that time." For the past 17 years, they'd lived in a ranch house in Mendocino County that featuring rooftop photovoltaics. On the accompanying 140 acres, Bonelli transformed his life from city dweller to rural farmer. He grew fruit trees and chestnuts, and liked to go mushrooming. "He was fortunate he got to retire and have a long retirement," she said.

"His happy place was being in a more rural setting," his oldest son agreed. He recalled his father hunted when he was younger, but "not very successfully. He had a tender heart. One time he wounded a duck and he felt bad about it."

Dave, who credited his father's regimen of vitamins and supplements for his longevity, said one of his best memories from childhood was his Dad taking him to the Potrero Branch Library on afternoons. Bonelli split his days at the pharmacy into morning and evening hours, and took the middle of the day off. "He liked to read, and he was always a big advocate of education," he said. Dave also inherited his father's love of television westerns. "He was a tremendous person, and we are all going to miss him terribly, but he had a long life and good health," he said.

In addition to Dave, Bonelli is survived by two other sons from his

**DAVID BONELLI** continues on page 22

**YOUNG PEOPLE** from front page

a half times higher than the general population.

Steffens noted that "studies show the use of marijuana affects memory, thinking, and behavior in adults; however, the symptoms are not permanent if a person stops using the drug." The prognosis for teenagers is more worrying. In 2014, researchers at Harvard and Northwestern universities conducted brain scans of young adults and "found differences between those who used marijuana and those who did not," specifically in the structure of the nucleus accumbens, which Dr. Hans Breiter of Northwestern called "the core of motivation, the core of pleasure and pain." And in Melbourne, Australia, scientists at the Murdoch Children's Research Institute found that "long-term cannabis use is hazardous to white matter in the developing brain." This "white matter" is composed of cells "that allow different parts of the brain to communicate with each other."

In Lafayette, California, Dr. Alex Stalcup serves as medical director at the New Leaf Treatment Center, a drug rehabilitation clinic for adults and adolescents. Board-certified in addiction medicine, Stalcup trained as a pediatrician at the University of California, San Francisco, and was medical director at the Haight-Ashbury Free Medical Clinic between 1987 and 1990. At New Leaf, Stalcup has worked with marijuana-dependent teenagers for "a little more than 20 years." His patients consist of affluent, East Bay, teenagers, whose parents bring them to his outpatient rehab, and of "kids who are poor that are sent to us by probation or parole or the courts for assessment or possibly treatment."

Stalcup described his adolescent patients as "bong-in-the-backpack kids. They're sitting in high school in the back of the room, and they reek of weed, and somebody checks their backpack and finds a bong. A lot of those kids are referred to us." Usually, these teenagers "wake up in the morning, and first thing, they roll over and take a bong hit. They take bong hits every hour throughout the day, or they have a vape pen they carry with them to school. So, they're basically stoned all the time. And they're not that functional; they just don't function that well. They don't do their homework; they don't do their chores. Their hygiene is bad. The kids they hang out with are not very stimulating. They spend five, 10, or 15 hours a day playing video games. So, basically, it's a whole marijuana lifestyle, and I think they can live that way, but it certainly does take them from the life that otherwise would be associated with being 17."

The doctor explained that drugs "are chemicals that activate the pleasure chemistry of your brain. If you overstimulate the pleasure center, like any other part of the brain, it becomes underactive. Whether it's tobacco or heroin or cannabis, all drugs – if you overdo it, anyway – injure the pleasure center of the brain. You know that you're in trouble when the amount that used to get you high doesn't work anymore, and you need to go higher on the dose. That's a sign that your pleasure system is failing and becoming generally unresponsive to

pleasure. Well, the damaged pleasure extends beyond dope," and before long, adolescent cannabis abusers "don't get reward from much of anything." In medical terminology, the inability to feel pleasure is called *anhedonia*. Marijuana-dependent teenagers experience the condition "as boredom, terrible boredom, nothing interesting, nothing to motivate them. Trying to get these kids to a movie, even, is a big challenge."

In treating these patients "the first thing we try and do is figure out what else is going on, and it may well be and commonly is that cannabis is the way they cope with a really, really bad situation." Stalcup estimated that two-thirds of the teenagers at New Leaf suffer from depression. "They cry all the time. They want to die. They sit in their rooms in the dark. They can't sleep; they have nightmares. They are really hurting pretty bad. They really are having a very hard time. Wouldn't you smoke a joint?" Cannabis-dependent teens typically "come with a lot of baggage." Stalcup has noticed that many "have had five homes in five years" or are "being bullied" or have learning difficulties. With girls, "there's a pretty reliable history of abuse, especially unwanted sexual contact, and they often have associated conditions, like eating disorders or cutting."

Stalcup asserted that, if the underlying issues aren't resolved, "taking away the drug use won't work. It's counterproductive and may be hurtful." Still, separation remains the first impulse for many well-meaning adults. In Lafayette and neighboring Orinda, parents often "will have the means to send you away to a boarding school, prep school, or treatment school. Some of these are terrible and really abusive; some of them are pretty good. What the kids I see hate the most is being sent to wilderness camp. They hate that. And then they have to come back and re-enter their drug environment, so as a treatment strategy it's pretty dumb."

On the other hand, "treating the co-occurring mental health disorders is often a revelation to everybody, especially the kid himself, who didn't know he was that depressed. One really important principle of getting sober is that you can't just abandon your main source of pleasure without leaving a big hole in your life." To replace cannabis, Stalcup advocates physical activity, explaining that "the pleasure system is naturally activated by sports. They won't work as well as drugs, ever, really, but they work."

There are other options. "Studying music, studying drama, studying writing, taking up animals, volunteering in animal care; behind each of these there's now a body of literature saying that these things really help young addicts get better. So, we get them horse-riding lessons, or we get them a job working at an auto body shop, and the research clearly shows these things repair the damaged pleasure centers. We believe the goal of rehab is to repair the damage to pleasure, so people can begin to take joy in life." For Stalcup, the hard part "is to get unmotivated kids to try something that they don't want to do."

Stalcup affirmed that many of the adolescents at New Leaf "really get

better; they really get well, and they blossom." Even so, he acknowledged that, for some, heavy marijuana use may take a permanent toll, particularly in the prefrontal cortex, which "is the seat of consciousness" and "the part of the brain that evaluates pros and cons and makes decisions. It's the slowest part of the human brain to develop. Significant development comes at age 18 but continues up to 22 to 24. That process of maturation of the prefrontal cortex is slowed significantly by daily cannabis use."

Stalcup often encounters patients from earlier in his career "who started smoking pot when they were really young – 12, 13, 14 – and were stoners throughout adolescence. And maybe they've gone on and are not using at all, but it's like they never grew up. You talk to them; it's like you're talking to a kid." In Stalcup's view, these former addicts are not "simple-minded" and often are "as smart as anyone else," but they still possess a distinctly "child-like" quality. "In a way, they're very sweet. We talk about peace and love. I like them very much, but they're different. I'm not sure if it's bad or wrong."

According to Stalcup, it may not be possible to isolate marijuana as the sole cause of the difference, because most teenagers who use weed extensively also employ other drugs, at least occasionally. Similar confounding elements undermine studies examining the effects of cannabis on young people, which often are better able to prove correlation than causation. Virtually any mental abnormality flagged by researchers as a product of adolescent dope abuse may instead have been a catalyst for that abuse.

Regardless, Stalcup is "really optimistic" about his patients' chances for a return to normalcy. He finds that former "teen stoners" are "easy to spot in their twenties and half their thirties," but by the time they reach their forties the distinction often fades. Stalcup called this process "maturing out" and speculates that perhaps the brain has been "doing catch-up."

In San Francisco, a 23-year-old Mission District resident, speaking anonymously, attested that she's used marijuana daily since the age of 19, with only a few hiatuses, the longest of which was two weeks. She first smoked pot at age 16, but didn't start using it regularly until two years later, when she was old enough to receive a medical identification card, and became an everyday smoker in college. Now, when she's at home, she typically smokes one spliff – a hand-rolled cigarette composed, in her case, of about 70 percent tobacco and 30 percent marijuana – an hour. The habit didn't prevent her, a San Francisco State University graduate, from going to school – though at times she "lost interest" – and doesn't stop her from holding down a job.

She recognizes now that she began to smoke to self-treat her anxiety and depression, conditions for which she's never sought psychiatric help. But in high school, "I wasn't so precise. I wasn't thinking about it exactly like that. I was just like: this thing's fun to do; I enjoy myself when I do smoke, so why not?" She noted, however, that as a teenager she often "felt empty," frequently thought abstractly about death, had "very low self-esteem,"

and "didn't like the way I looked." Her family was "broke all the time;" her mother was "moody" and "really hard" to be around.

With marijuana, however, "I liked being more silly, and it was something to do." Ultimately, the experience was profound. The sense of "absurdity" that she felt while high seemed to speak to the irrationality of life in general. In the past, she'd had a tendency of "over-analyzing" herself and others, and her "clearer thoughts" about the world had inevitably led her to a state of panic. Cannabis allowed her to perceive that "everything is silly. It seemed to make more sense."

Marijuana also made her more talkative. Before smoking pot she'd been cripplingly shy. It was the ordeal of "having to deal with other people" in the acquisition process that'd prevented her from obtaining the drug regularly when she was 16 and 17, before she could go to a dispensary. Cannabis soothed her social anxiety. "In conversations before I smoked weed, people would talk, and if they said something stupid, I would just evaluate that in my head. I would be an observer. But once I started smoking weed, when someone said something stupid or smart or funny, I could respond to that thing."

Ironically, this new capacity for discussion revived her old habit of overthinking, this time in the form of anxiously dwelling on her failures of self-expression within conversations in which, under the prior conditions of her anxiety disorder, she never would have been able to engage in the first place. In some sense, the end result was "the same." Even so, "I think I just value participating," she said. "If I'm saying something, even if I think it's stupid, at least it was something."

Sometimes she worries about memory loss. She has moments where "you walk into a room and you're like: why am I here? It could be because I'm stoned, but it happens to people when they're not stoned." She accepted that her capacity to absorb certain kinds of information – especially anything technical or detail-oriented – has been compromised. She'd struggle reading a science textbook. But as a poet and a painter, she said that "it's a different kind of intelligence I'm valuing. When I'm smoking weed, I can think about a bigger picture, or not think about it, or get lost in it. My attention span can waver, then, and I can bounce from one thing to the other." She contended that this could be a good thing in art.

While defending cannabis's anxiolytic properties, she admitted that it'd possibly made her depression worse. "Maybe if I wasn't smoking, I could feel sad and then go outside and do something which might make it better, whereas if I'm smoking weed I'm more inclined just to stay inside and be at home. I think that's what it is: pot makes me okay with my feelings." This can be a much-needed relief, but she sees how it might also prevent her from addressing the root of her problems.

Still, she'll "probably continue" to smoke. "I just need to get better at knowing the right times to do it. Right now, it's been a habit for so long that I just do it when I have spare time because I have spare time. I think there



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**REGULATIONS from page 4**

orney General, the state anticipates eventual annual net tax revenues of up to \$1 billion from the recreational marijuana industry. State duties will include an excise tax of 15 percent on retail sales, and cultivation taxes of \$9.25 per flower ounce and \$2.75 per leaf ounce. Medical marijuana will be exempt from some recreational taxation. Marketing and advertising directly to minors is prohibited.

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for past marijuana-related convictions. In May, *The New York Times* reported that in 2015 more than 2,100 individuals were jailed in California for marijuana-related offenses. Since Proposition 64 passed, hundreds have been released; however, those facing federal marijuana-related charges haven't been exonerated.

In 1996, under Proposition 215 California became the first state to legalize marijuana for medical use, with 55 percent of voters endorsing the initiative. According to municipal records, San Francisco has 39 medical

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ments. The Board is working to update MCD rules concurrently with the adult recreational policy framework.

**DAVID BONELLI from page 20**

first marriage, Tom, who lives in the family home on Connecticut Street, and Michael, who is a deputy district attorney in Santa Clara County; a younger brother, Richard, who lives in Oregon; grandchildren, Jason and Paul; and great-grandchildren, Thomas and Haylee.

**YOUNG PEOPLE from page 21**

should be a difference between me doing it because it's a habit and me doing it because I feel anxious in the moment. Or I feel like I should at least take the time to acknowledge that I'm feeling anxious and that's why I want to do it. Sometimes, maybe, I'm doing it, and I'm not thinking about why I'm doing it."



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**Dates and Locations:****Tuesday, October 24**

**6:30 p.m.**

SF Main Library,  
Latino/Hispanic Meeting Room  
(District 6)

**Wednesday, October 25**

**6:30 p.m.**

Excelsior Branch  
(District 11)

**Thursday, October 26**

**6:30 p.m.**

Chinatown/Him Mark  
Lai Branch  
(District 3)

**Saturday, October 28**

**10:30 a.m.**

Marina Branch  
(District 2)

**Thursday, November 2**

**6:30 p.m.**

Western Addition Branch  
(District 5)

**Saturday, November 4**

**12 p.m.**

Mission Branch  
(District 9)

**Saturday, November 4**

**3 p.m.**

Ortega Branch  
(District 4)

**Wednesday, November 8**

**6:30 p.m.**

Merced Branch  
(District 7)

**Thursday, November 9**

**6:30 p.m.**

Richmond/Senator Milton  
Marks Branch  
(District 1)

**Tuesday, November 14**

**6:30 p.m.**

Bayview/Linda Brooks-Burton  
Branch  
(District 10)

**Wednesday, November 15**

**6:30 p.m.**

Glen Park Branch  
(District 8)



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16 oz -reg 3.99

Annie's Homegrown  
Organic Mac & Cheese  
6 oz -reg 3.59  
**\$2.99**



Barbara's Bakery  
Cheese Puffs  
5.5-7 oz -reg 3.59  
**2/\$5**



**2/\$5**



Pumpkins On Sale All Month Long!



Potrero Hill Festival October 21st - 10-4 p.m.  
Music, Fun and Food On 20th Street!



Come Trick Or Treat With Us!  
A Good Life Tradition for over 40 Years!



*The*  
**GOOD LIFE GROCERY**



\*Excludes sale items

\*Cannot be combined with other

Discounts or coupons

\*Potrero Hill Location only

\*Good for 10/6, 10/13, 10/20, 10/27